

Prayer during the day Lent

Light a candle as a symbol of Christ's presence with you, and to remind us that we are praying as a church family

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;

hold not your peace at my tears

Praise

Jesus, like a mother you gather your people to you; you are gentle with us as a mother with her children.

Despair turns to hope through your sweet goodness; through your gentleness we find comfort in fear.

Your warmth gives life to the dead, your touch makes sinners righteous.

Lord Jesus, in your mercy heal us; in your love and tenderness remake us.

In your compassion bring grace and forgiveness, for the beauty of heaven may your love prepare us.

Anselm (1109)

The Word of God

Psalm

One of the following psalms

Psalm 3

- Lord, how many are my foes! How many rise up against me!
- Many are saying of me, 'God will not deliver him.'
- But you, Lord, are a shield around me, my glory, the One who lifts my head high.
- I call out to the Lord, and he answers me from his holy mountain.
- I lie down and sleep;I wake again, because the Lord sustains me.
- I will not fear though tens of thousands assail me on every side.
- 7 Arise, Lord! Deliver me, my God! Strike all my enemies on the jaw; break the teeth of the wicked.
- From the Lord comes deliverance.May your blessing be on your people.

Psalm 51.1-10

- Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions.
- Wash away all my iniquity and cleanse me from my sin.

- For I know my transgressions, and my sin is always before me.
- Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge.
- Surely I was sinful at birth, sinful from the time my mother conceived me.
- Yet you desired faithfulness even in the womb; you taught me wisdom in that secret place.
- Cleanse me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.
- Let me hear joy and gladness; let the bones you have crushed rejoice.
- Hide your face from my sins and blot out all my iniquity.
- Create in me a pure heart, O God, and renew a steadfast spirit within me.

After the psalm say

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever.

Amen.

One of the following readings

Joel 2.12-14

Yet even now, says the Lord, return to me with all your heart, with fasting, with weeping, and with mourning rend your hearts and not your clothing. Return to the Lord, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing. Who knows whether he will not turn and relent, and leave a blessing behind him, a grain-offering and a drink-offering for the Lord, your God?

Luke 15.7

Jesus said, 'There will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who need no repentance.'

Response

Blessed are the merciful.

for they will receive mercy.

Matthew 5.7

Prayers

The following may be used

In penitence and faith let us make our prayer to the Father and ask for his mercy and grace.

For your holy people, that they may triumph over evil and grow in grace, we pray to you, O Lord.

For candidates for baptism and confirmation, that they may live by every word that proceeds from your mouth, we pray to you, O Lord.

For the leaders of the nations, that you will guide them in the ways of mercy and truth, we pray to you, O Lord. For the needy, that they may not be forgotten, nor the hope of the poor be taken away, we pray to you, O Lord.

For the sick in body, mind and spirit, that they may know your power to heal, we pray to you, O Lord.

For the poor in spirit, that they may inherit the kingdom of heaven and see you face to face, we pray to you, O Lord.

Let us commend the world, for which Christ suffered, to the mercy and protection of God.

Thanksgiving may be made for the day ahead

Intercessions may be offered for

- the day and its tasks
- the world and its needs
- the Church and her life

This response may be used

Lord, in your mercy hear our prayer.

The Collect for the day or the following prayer is said

Teach us, good Lord, to serve you as you deserve; to give and not to count the cost; to fight and not to heed the wounds; to toil and not to seek for rest; to labour and not to seek for any reward, save that of knowing that we do your will.

Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

The Conclusion

May God bless us and show us compassion and mercy. **Amen.**